

Weep Before You Can Laugh

Matthew 5:4

“Blessed are the poor in spirit, for theirs is the kingdom of heaven. Matthew 5:3

*“Happy are you when you admit your _____ poverty—
so much that you put your total trust in Jesus Christ.*

Blessed are those who mourn, for they will be comforted. Matthew 5:4

The Difference between _____ and Laughter

A cheerful heart is good medicine, but a crushed spirit dries up the bones.

Proverbs 17:22

But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God’s holy people. Ephesians 5:3

Laughter that is _____

Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving. Ephesians 5:4

Even in laughter the heart may ache, and joy may end in grief. Proverbs 14:13

What exactly does it mean to mourn?

Blessed are those who mourn, for they will be comforted. Matthew 5:4

There is a time for everything, and a season for every activity under heaven: a time to be born and a time to die, a time to weep and a time to laugh, a time to mourn and a time to dance, Ecclesiastes 3:1-2, 4

Mourning over the death of a _____ one

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God. 2 Corinthians 1:3-4

Mourning over personal _____ in our lives.

*Blessed are those who don't just acknowledge their spiritual poverty,
but who grieve over their sin, for they will be comforted by God.*

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 1 John 1:9

“This is the one I esteem: he who is humble and contrite in spirit, and trembles at my word. Isaiah 66:2

For I have the desire to do what is good, but I cannot carry it out. For what I do is not the good I want to do; no, the evil I do not want to do—this I keep on doing. Romans 7:18-19

What a wretched man I am! Who will rescue me from this body of death? Thanks be to God—through Jesus Christ our Lord! Romans 7:24-25

Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death. 2 Corinthians 7:10

We must never think that God is satisfied with just a flippant admission of sin or even a tearful _____.

True repentance is being convicted and contrite in our heart to the point of changing our behavior.

Grieve, mourn and wail. Change your laughter to mourning and your joy to gloom. Humble yourselves before the Lord, and he will lift you up. James 4:9-10

Why should we mourn over our sin?

We ought to mourn because of the _____ of sin.

For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord. Romans 6:23

Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the One who can destroy both soul and body in hell. Matthew 10:28

Words and phrases Jesus used to describe _____

- Fire, suffering
- Outer darkness, _____
- A gloomy dungeon, restriction
- A second death, separation from God
- A bottomless pit, falling or insecurity

“There is no one righteous, not even one; there is no one who understands, no one who seeks God. All have turned away, they have together become worthless; there is no one who does good, not even one.” **Romans 3:11-12**

“Their throats are open graves; their tongues practice deceit.”

“The poison of vipers is on their lips.”

“Their mouths are full of cursing and bitterness.” **Romans 3:13-14**

“Their feet are swift to shed blood; ruin and misery mark their ways, and the way of peace they do not know.” **Romans 3:15-17**

Why should we mourn over our sin?

We should mourn over sin because of what sin did to _____.

He was oppressed and afflicted, yet he did not open his mouth; he was led like a lamb to the slaughter, and as a sheep before her shearers is silent, so he did not open his mouth. By oppression and judgment he was taken away. **Isaiah 53:7-8**

But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was upon him, and by his wounds we are healed. We all, like sheep, have gone astray, each of us has turned to his own way; and the Lord has laid on him the iniquity of us all. **Isaiah 53:5-6**

How are those who mourn over sin blessed?

We are blessed with the Assurance of our _____.

David mourned over his sin

Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions. **Psalms 51:1**

David pleaded for _____

Wash away all my iniquity and cleanse me from my sin. **Psalms 51:2**

David expects forgiveness

Cleanse me with hyssop, and I will be clean; wash me, and I will be whiter than snow. **Psalms 51:7**

David expects the joy of salvation to _____

Let me hear joy and gladness; let the bones you have crushed rejoice. **Psalms 51:8**

Mourning before joy, weeping before laughter

Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.

Psalm 51:12

David understood _____

The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise. Psalm 51:17

How are those who mourn over sin blessed?

We are blessed with the Comfort of the Holy Spirit.

Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Psalm 51:10-11

And I will ask the Father, and he will give you another Counselor to be with you forever—the Spirit of truth. John 14:16-17

The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you. I will not leave you as orphans; I will come to you. John 14:17-18

Even though I walk through the valley of the shadow of death, I will fear no evil,

for you are _____ ; your rod and your staff, they comfort me. Psalm 23:4

weeping may remain for a night, but rejoicing comes in the morning. Psalm 30:5

Key: spiritual, Joy, inappropriate, loved, sin, remorse, consequences, hell, loneliness, Jesus Christ, Forgiveness, cleansing, return, grace, with me